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To: Direct Medi-Cal PCPs, OB/GYNs & IPAs
From: IEHP - Provider Relations
Date: April 24, 2026
Subject: **Improved Access to Breast Pumps and Lactation Support**

To ensure members have the best start with breastfeeding, we have streamlined the process for obtaining essential equipment and professional support:

Streamlined Access to Breast Pumps

- **No Authorization Required:** While prior authorizations are no longer required for non-hospital grade breast pumps, including manual and electric models, a prescription is required to support access to durable medical equipment and reduce barriers to obtaining these items.
- **Pregnancy-Long Access:** Members may now request and receive their breast pump *at any time* during pregnancy, ensuring they are adequately prepared for delivery. For individuals with high-risk pregnancies, it is strongly recommended that the breast pump be obtained at 32 weeks gestation.

Professional Lactation Support

- **Lactation Consultants:** Clinical lactation support is available through the Loving Support Helpline to assist with latching issues, milk supply concerns, and general education.
 - **Members may contact a lactation specialist at Loving Support Helpline at (888) 451-2499**

Additional Maternal Health Resources

- **Maternal Health Team:** The Maternal Health Team is available to support members with care coordination and pregnancy-related services. To initiate a referral, complete the Maternal Health Referral Form (attached) and submit it to DGMMH@iehp.org
- - **The Maternal Health Referral Form is also available at ProviderServices.iehp.org > Resources > Resources for Providers > Forms > Perinatal > IEHP Maternal Health Referral Form**

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347, or email ProviderServices@iehp.org.

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